

CURRICULA VITA- PROF DR GHULAM RASOOL

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PROFESSION:

Psychiatrist, Medical and Public Health Educationist, Facilitator/Motivator, Researcher

POSTAL ADDRESS (RESIDENCE)

House No. 141, Club Road, Quetta Cantt, Quetta Balochistan, Pakistan

PAST AND CURRENT DESIGNATION:

1. Consultant Psychiatrist, Akram Hospital Quetta.
2. Member Board of Directors People's Primary Healthcare Initiatives (PPHI)
3. Member, Advisory Board Balochistan Healthcare Commission
4. Member, Balochistan Mental Health Authority Quetta.
5. Ex-President, Pakistan Psychiatric Society
6. Ex-President Elect, SAARC Psychiatric Federation
7. Ex-Member, President's Initiative on Mental Health.
8. Ex-Member, HEC Committee for Psychosocial well-being HEC Islamabad.
9. Ex-Professor and Head of Psychiatry Bolan Medical College Quetta
10. Ex-Executive Director, Balochistan Institute of Psychiatry and Behavioral Sciences (BIPBS) Quetta.
11. Ex-Dean, Faculty of Psychiatry and Behavioral Sciences, Bolan University of Medical and Health Sciences (BUMHS), Quetta
12. Ex-Member, Syndicate, Bolan University of Medical and Health Sciences (BUMHS), Quetta
13. Ex-Member, Academic Council, Bolan University of Medical and Health Sciences (BUMHS), Quetta
14. Ex-Member, Ethical Committee, Bolan University of Medical and Health Sciences (BUMHS), Quetta
15. Ex-Regional Director, Regional Centre of College of Physicians and Surgeons Pakistan (CPSP) Quetta.
16. Ex-Member, Faculty of Psychiatry, CPSP Pakistan Karachi.
17. Ex-Member, Board of Studies, Institute of Public Health Quetta.
18. Ex-Member, National Medical and Dental Academic Board, Pakistan Medical Commission, Government of Pakistan Islamabad.

1. STUDIES COURSES/TRAININGS EXPERIENCE (15 Years):

S. #	Studies Courses	Period	Duration
1.	MBBS	1984 – 1990	8 years
2.	House Officer	02-06-1989 to 01-06-90	1 Year
3.	Junior Registrar	22-02-1991 to 17-04-93	2 Years
4.	Post-graduate Trainee: MCPS (Membership college of Physician and Surgeons, Pakistan) Psychiatry	18-04-93 to 17-04-1994	1 Year
5.	Resident Medical Officer-Psychiatry	07-05-94 to 30-11-94	6 months and 23 days

6.	Postgraduate Trainee: FCPS (Fellowship college of Physician and Surgeons, Pakistan) Psychiatry	18-12-1994 to 31-07-1998	3 Years, 7 months and 14 days
7.	FCPS Training	1994-1998	05 years

2. ACADEMIC QUALIFICATION:

- MBBS
- FCPS (Psychiatry)

3. EXPERINCE - PROFESSIONAL EXPERINCE:

a. Teaching/training (academic) - undergraduate and postgraduate students (23 years):

S. #	Teaching/training (academic) activities	Period	Duration
1.	Undergraduate Teaching and Training: - Assistant Professor, Associate Professor and Professor - Teaching and training of Behavioral Sciences, and Psychiatry to Bolan Medical College Students	1999 to March 2022.	23 years
2.	Postgraduate Teaching and Training: - Assistant Professor, Associate Professor and Professor - Teaching and training of Behavioral Sciences, and Psychiatry to Postgraduate student FCPS, MCPS, MD, and to Postgraduate students on rotation of Allied Sciences for FCPS	2011to March 2021.	10 years

b) Senior supervisor-ship (postgraduate) - CPSP Pakistan, PGMI Quetta & nonmedical universities:

S #	Teaching/training (academic) activities	Period	Duration
1.	Supervisor CPSP Programs: FCPS & MCPS	2011-2022	11 years
2.	Supervisor CPSP Programs: FCPS & MCPS, Rotations of allied subjects	2011-2022	11 years
3.	Supervisor Postgraduate Medical Institute (PGMI) Quetta and University of Balochistan, Quetta: DPM and MD	2015-2022	6 years
4.	Supervisor Internship Programs: Psychology, Sociology and Social work of different HEC/Universities of Balochistan	1999 - 2022	23 years

c) Senior examiner and paper setter:

S. #	Teaching/training (academic) activities	Period	Duration
1.	- CPSP Programs – IMM, FCPS, MCPS - PGMI Program – MD	- 2011- Till date -	- 12 years - 5 years

4. EXPERINCE - LEADERSHIP AND ACADEMIC:

- a. Member, National Academic Dental and Medical Board, Pakistan Medical Commission (PMC), Islamabad

S. #	Leadership/academic activities	Period	Duration
1.	Member, National Academic Dental and Medical Board, Pakistan Medical Commission (PMC), Islamabad	Nov 2020 – Nov 2022.	2 years

- b. Executive Director, Balochistan Institute of Psychiatry and Behavioral Sciences Quetta.

S. #	Leadership/academic activities	Period	Duration
1	Executive Director BIPBS and Professor of Psychiatry BMC (DDO POWER)	21 st Oct 2015 to March 2022.	2 Years 5 Months

- c. Regional Director, CPSP Regional Office Quetta

S. #	Teaching/training (academic) activities	Period	Duration
1	Regional Director, CPSP Office Quetta	April 2018 – March 2023	4 years

- d. Member Syndicate, Bolan University of Medical and Health Sciences:

S. #	Leadership/academic activities	Period	Duration
1.	Members, Syndicate, Bolan University of medical and Health Sciences Quetta	2018-2021	3 years

- e. Member Academic Council, Bolan University of Medical and Health Sciences:

S. #	Leadership/academic activities	Period	Duration
2.	Members, Academic Council, Bolan University of medical and Health Sciences Quetta	2018-2021	3 years

- f. Dean, Faculty of Psychiatry and Behavioral Sciences Experiences, Bolan University of Medical and Health Sciences:

S. #	Leadership/academic activities	Period	Duration
1.	Dean Faculty of Psychiatry and Behavioral Sciences, Bolan University of Medical and Health Sciences Quetta	2018-2021	3 years

- g. Member, Advance Studies and Research Board, University of Balochistan, Quetta

S. #	Leadership/academic activities	Period	Duration
1.	Member Advance Studies and Research Board University of Balochistan (UoB), Quetta	2019-2022	3 years

h. Secretary and member, Faculty of Psychiatry, College of Physicians and Surgeons Pakistan Karachi:

S. #	Leadership/academic activities	Period	Duration
1.	Secretary and member, Faculty of Psychiatry, College of Physicians and Surgeons Pakistan:	August 2015- till date	7 years

i. Member, Balochistan Mental Health Authority Quetta

S. #	Leadership/academic activities	Period	Duration
1.	Member, Balochistan Mental Health Authority	Jan 2021 till date.	1.9 years

j. Member, HEC Committee for Psychosocial Well-Being

S. #	Leadership/academic activities	Period	Duration
1.	Member, HEC Committee for Psychosocial Well-being	April 2020 till date.	2.5 years

k. Member, Board of Studies, Institute of Public Health Quetta

S. #	Leadership/academic activities	Period	Duration
1.	Member, Member, Board of Studies, Institute of Public Health Quetta	2021 till date	3 years

l. Member Academic Council, Bolan Medical College Quetta:

S. #	Leadership/academic activities	Period	Duration
1.	Member, Academic Council, BMC	2008-2017	11 years

m. Member Board of Directors, People's Primary Healthcare Initiatives:

S. #	Leadership/academic activities	Period	Duration
1.	Member Board of Directors, People's Primary Healthcare Initiatives	Dec 2025	

n. Member Board of Directors, People's Primary Healthcare Initiatives:

S. #	Leadership/academic activities	Period	Duration
1.	Member Advisory Board, Balochistan healthcare Commission	March 2025	

5. EXPERINCE – ADMINISTRATIVE/MANAGEMENT - (12 YEARS):

S. #	Designation with Department	Period	Duration
1.	Head, Department of Psychiatry BMC	Jan 2010 to Nov 2015	6 Years
2.	Executive Director BIPBS and Professor of Psychiatry BMC	21 st Oct 2015 to March 2022.	5 Years 5 Months
3.	Dean, Faculty of Psychiatry and Behavioral Sciences, BUMHS Quetta	Sept 2018 - 2021	3 years
4.	Member Syndicate and academic council, BUMHS	Sept 2018 - 2021	3 years
5.	Members, Academic Council, Bolan University of medical and Health Sciences	2018-2021	years
6	Member, National Academic Dental and Medical Board, Pakistan Medical Commission, Islamabad	November 2020 – Nov 2022	2 years
7.	Member, Balochistan Mental Health Authority Quetta	Jan 2021 till date.	5.1 years
8.	Member, Advance studies and Research Board UoB Quetta	21-3-19 to 12-3-22	3 years
9.	Regional Director, CPSP Office Quetta	April 2018 – March 2023	4 years
10	Member, secretary and member, faculty of Psychiatry, college of Physicians and Surgeon, Pakistan, Karachi	August 2015 – April 2023	7.5 years
12	Member, Board of Studies, Institute of Public Health Quetta	2021 till date	2 years

6. FINANCIAL/ADMINISTRATIVE/MANAGEMENT (5 Years 5 Months):

S. #	Designation with Department	Period	Duration
1.	Executive Director BIPBS and Professor of Psychiatry BMC (DDO POWER)	21 st Oct 2015 to March 2022.	Years 5 Months

7. GOVERNMENT SERVICE - EXPERINCE (31 years):

S. #	Designation	Period	Duration
1.	Medical Officer and consultant	1991 to 20-04-1999	9 years
2.	Assistant Professor Psychiatry BMC	20-04-1999 to 25-09-2007	8 years
3.	Associate Professor Psychiatry BMC	26-09-2007 to May 2011	3 years 8 months
4.	Professor and Head of Department Psychiatry	May 2011 to Nov 2015	5 years 5 months
5.	Executive Director and Professor of Psychiatry at BIPBS 9Post graduate Medical Institute)	21 st Oct 2015 till March 2021	4 years

8. EXPERINCE- MENTAL HEALTH PROMOTION, TRAINING AND RESEARCH:

S. #	Mental Health Promotion	Period	Duration
1.	Mental Health Promotion, research and training with PILL	2015 till date	7 years

9. EXPERIENCE – WORKING AS CLINICIAN/CONSULTANT/SPECIALIST (PUBLIC AND PRIVATE) (23 Years):

S. #	Designation	Period	Duration
1.	Consultant Psychiatrist	01-08-1998 to 08-12-1998	4 Months and 12 days
2.	Consultant Psychiatrist	23 rd March 1999 to 19 th April 1999	One month
3.	Assistant Professor Psychiatry BMC	20-04-1999 to 25-09-2007	8 years
4.	Associate Professor Psychiatry BMC	26-09-2007 to May 2011	3 years 8 months
5.	Professor of Psychiatry BMC	May 2011 to Nov. 2015	5 years 5 months
6.	Executive Director and Professor of Psychiatry at BIPBS	21 st Oct. 2015 to March 2022	5 years
7.	Private services as a specialist	1999 till date.	23 years

10. EXPERIENCE - INTERVIEW CALL AMONG THE FOUR SHORT-LISTED CANDIDATES FOR THE POST OF VICE CHANCELLOR, BUMHS, QUETTA

S. #	Administration/academic activities	Beds	Employees
1	Short listed candidates for the post of Vice Chancellor, BUMHS, Quetta	25 th Jun 2018.	

11. ESTABLISHMENT/OPERATIONAL OF A NEW ORGANIZATION - BALOCHISTAN INSTITUTE OF PSYCHIATRY AND BEHAVIOURAL SCIENCES QUETTA (ONE HUNDRED BEDS AND 180 EMPLOYEES).

S. #	Teaching/training/manager/Admin activities	Beds	Employees
1	Executive Director BIPBS and Professor of Psychiatry BMC (DDO POWER)	100+30=130	180

12. ESTABLISHMENT/PLANNING RESTRUCTURING EXISTING ORGANIZATIONS LEGISLATION/CONSTITUTIONAL CONTRIBUTION -

S. No	Act/Bill and Rules and Regulations	Year
1	Member of committee to drafting Bill and Presenter to Standing Committee at Balochistan Provincial Assembly for Bolan University of Medical and Health Sciences Act 2017.	2017
2	Member of committee to drafting Bill and Presenter to Standing Committee at Balochistan Provincial Assembly for Balochistan Healthcare Commission Act 2019.	2019
3	Member of committee to drafting Bill and Presenter to Standing Committee at Balochistan Provincial Assembly for Balochistan Mental Health Act 2019.	2019
4	Member Committee, drafting – Balochistan Tertiary Care Teaching Hospital Bill	2020
5	Member Committee, drafting amendments – Constitution of Pakistan Psychiatric Society	2016 & 2018.
6	Conveyor Committee, drafting new Constitution – Pakistan Psychiatric Society, Pakistan	2022

7	Conveyor, drafting new Constitution – Bolan Medical Teachers Association Constitution, Balochistan	2022
8	Conveyor, Service rules for Balochistan Institute of Psychiatry and Behavioral Sciences (BIPBS)	
9	Member, Committee for Service rules for Balochistan Medical Institution, Health Department Balochistan.	2022
10	Member, drafting for medical university Khuzdar	2020
11	Chairman Technical Working Group – Drug Dependence and Healthcare System	2017
12	Special SNE for Balochistan Medical Colleges	2021
13	National Anti-Narcotic policy - 2019	2020
14	Preparation of the medical colleges for accreditation by PMC	2021
15	Recruitment for Cardiology institute	2021
16	Implementation strategy of career structure of Health Professional in Balochistan	2006
17	Master plan of Balochistan institute of cardiology	2016
18	Procurement for Bolan Medical College	2021
19	Committee for implementation of Bioethics in Balochistan - Research Ethics and Healthcare and Practices,	2017
20	Psychosocial wellbeing, 30 th April 2020	2020
21	Community Oriented Medical Education	2003

13. **SPECIAL GUEST SPEAKERS – COURSES, WORKSHOPS**

- a. National Institute of Management (NIM) – 15 years
- b. Balochistan Academy of College Teachers (BACT) – 10 years
- c. Balochistan Judicial Academy – 10 years
- d. Balochistan Police Training Center
- e. Balochistan Bank Academy
- f. ANF
- g. Non-Medical Universities

14. **MEDICAL BOARDS, FORENSIC CASES, JAILS ACTIVITIES**

15. **NATIONAL AND INTERNATIONAL LINKAGES**

a. Experience – worked with international non-governmental organizations

- i) WHO
- ii) UNIDCP
- iii) UNDP
- iv) UNHCR
- v) USAID
- vi) ILO
- vii) IDDR
- viii) PILLS (Projects from Abroad)

b. International relation/contact

- a) International Member, American Psychiatric Association, 2007 – till date.
- b) Executive Members, SAARC Psychiatric Federation (2021-23).

c. Work with national non-governmental organizations

- a. Danesh
- b. Milo Shaheed Trust
- c. PILLS
- d. Al-Khidmat

16. INTERNATIONAL MEETINGS/CONFERENCES:

- i. International Scientific Meeting on "Challenging the limits of Anxiety and Depression" in Athens, Greece from the 22 to 24 March 2002 organized by GlaxoSmithKline.
- ii. ISAD 2009 Regional Congress, held at Brisbane Australia from 28th Feb – 2nd March 2009.
- iii. 22nd WPA World, Congress of Psychiatry, Bangkok, 3-6 August, 2022.
- iv. Paris Pact initiative expert working group on comprehensive approach to drug treatment and Care, by Health Ministry Pakistan, at Bishkek, Kyrgyzstan 25th – 26th April 2018.
- v. WPA Educational Credits Certificate, 19th International Psychiatric Conference, Lahore 2015.
- vi. American psychiatric Association OLO, USA, 2009.
- vii. American psychiatric Association New Orleans, LA USA, 2010.
- viii. WPA Regional Meeting 2007 SEOUL, Korea, 2007
- ix. European College of Neuropharmacology Congress, Evidence based medicine in mood disorder. A scientific program/meeting, Copenhagen 2007.
- x. European College of Neuropharmacology Congress, Amsterdam 2010.
- xi. European College of Neuropharmacology Congress, Sweden 2004
- xii. 1st International Conference of SAARC Psychiatric Federation, Agra India 2005
- xiii. Singapore, Cairo, France, Italy,

17. CONVOCATIONS:

- 1. Secretary, Organizing Committee of 8th Convocation of Bolan Medical college, Quetta Nov. 2014 for sessions 2001 - 2010.
- 2. Facilitator and Secretary of convocation Bolan Medical College, Quetta, 2005
- 3. Member Organizing Committee for the 7th convocation 2004, Bolan Medical College, Quetta.

18. CONFERENCES - NATIONAL:

- 1. Secretary Organizing Committee, 17th International Psychiatric Conference, held jointly by PPS and SAARC Psychiatric Federation, at Quetta from 28th – 30th Nov, 2008
- 2. Coordinator Organizing Committee, XII International Psychiatric Conference, 27 - 29th Nov. 1998, Quetta Pakistan.
- 3. Chairman Organizing Committee, 21st International Psychiatric Conference of Pakistan Psychiatric Society held at October 2016, Quetta.
- 4. Member advisory board, participant, speaker and or secretary of different sessions of all National and International Psychiatric Conferences of Pakistan Psychiatric Society being held yearly in Pakistan from 1998 till date.
- 5. Participant of all psychiatric conferences.
- 6. 1st International Social Sciences Conference, held at SBK Quetta from 26th – 27th April 2016.
- 7. 22nd National Psychiatric Conference of PPS, at LUMHS Jamshoro, 17th – 19th Nov 2017.

8. 22nd National Neurology conference of PPS, 2015 at Quetta.
9. XII National Psychiatric Conference at Ayoub Medical college, Abbotabad, 1999.
10. 16th National Psychiatric conference of PPS, Faisalabad 2005.
11. 20th International Psychiatric Conference of PPS, Karachi, 2014.
12. 14th Biennial International Psychiatric Conference, Peshawar 2003.
13. XIII International Psychiatric Conference, Rawalpindi 2001.
14. 15th National Psychiatric Conference 2004, Islamabad 2004.
15. 15th International Psychiatric Conference, Karachi 2005.
16. 10th International Neuropsychology of PPS and PWA, Lahore 2014.
17. 2nd National Conference on Child and Adolescent mental Health, Hyderabad 2014.
18. 1st International Social Sciences Conference at Women's University, Quetta 2016.
19. 1st international conference on Psychotrauma, Islamabad 2008.
20. XIV National Psychiatric Conference of Pakistan Psychiatric Society, Jan. 20-21, 2002 held at Quaid-e-azam Medical College, Bahawalpur, Pakistan.

19. COURSE

1. Organizer - A four weeks Human Service Workers Workshop "A Who demonstration project for the implementation of 'bio psycho-social model' of health delivery in Pakistan" held from 24th Nov-24th Dec. 1997 at the Department of Psychiatry and the WHO Field Trial Centre at PNS SHIFA, KARACHI.

20. SEMINARS/WORKSHOPS/MEETINGS

Facilitator

1. Mental Health Training workshop for Paramedics, November 7th -11 2000, Quetta, Pakistan.
2. Mental Health Training workshop for PHC Facilitator/Training physicians, October 24-26 2000 at Quetta, Pakistan.
3. Workshop on Mental Health Training workshop for PHC Physicians, 5 Oct to 9th Oct 1999, at Sandaman (Prov) Hospital, Quetta in collaboration with Federal Minister of Health, Government of Balochistan Health Department and World Health Organization.
4. Facilitator, Mental Health Training Workshop for Paramedics 8-10 Sept 1999 in collaboration with Federal Ministry of Health, Govt. of Balochistan Health Department and WHO, held at PHDC Quetta.
5. National Workshop on Child Rearing Practices and Parenting Skills, 24-29 Dec. 1997, PNS Shifa Karachi Pakistan.

Participant

1. One-day workshop on Implementation of Mental Health in PHC, at DGHS Balochistan in 2002.
2. Workshop on Introduction to Computers and Internet, held by WHO Collaborating Center for research and training in educational development of health personnel at CPSP regional center Quetta from February 04-11, 2002.
3. Training of Relevant Professional on the National Guidelines for Clinical Management, held by National AIDS Control Program Islamabad and Provincial Control Program in Collaboration with UAIDS Islamabad 7-8th January, 2002 at Quetta.
4. Two Days Workshop on Clinical Care for Doctor and Nurses, held by National AIDS Control Program Islamabad and Provincial Control Program in Collaboration with WHO and UAIDS Islamabad 29-30 October 2001

5. Workshop on Research Methodology, Biostatistics and Medical Writing, held by WHO Collaborating Center for research and training in educational development of health personnel at CPSP regional center Quetta from October 23-27, 2001. Participant, Workshop on Development for Community Oriented Medical Education, May 16-19th 2001, King Edward Medical College, Lahore, Pakistan.
6. Workshop on Development for Community Oriented Medical Education, March 19-22, 2001, BMC Quetta, Pakistan.
7. PMRC seminar on Health Research Priorities for Pakistan, February 25th 26 2001, Islamabad, Pakistan.
8. Workshop on Development for Community Oriented Medical Education, Feb 19th-22nd 2001, BMC Quetta, Pakistan.
9. Workshop on Objective Structured Clinical Examination, held by WHO Collaborating Center for research and training in educational development of health personnel at CPSP regional center Quetta from November 19th-21" 1999, Quetta, Pakistan
10. Workshop on Development and Administration of MCQ, and Essay Questions, held by WHO Collaborating Center for research and training in educational development of health personnel from October 23-27, 2001 at CPSP Karachi.
11. Tutors Training workshop on Community Oriented Medical Education, 25-27 August 1999, a joint project of WHO and Ministry of Health, Balochistan held at BMC, Quetta.
12. Workshop on Education Planning and Evaluation, held by WHO Collaborating Center for research and training in educational development of health personnel, 12-15 July 1999 at CPSP Karachi.
13. Workshop on Communication Skills, held by WHO Collaborating Center for research and training in educational development of health personnel, 12-14 April 1999 at CPSP Karachi.
14. Workshop on Anxiety Awareness and Management, 6th Dec. 1998, Bhurban Pakistan..
15. National Workshop on the Role and Application of Behavioral Sciences in General Health Care, 14-16 June 1997, PNS Shifa Karachi Pakistan.
16. Workshop on Motivational Counseling and Vocational Rehabilitation by IDDRP: A Joint Project of PNCB, UNIDCP & UNDP. 21-23 May 1995, Islamabad, Pakistan.
17. Workshop on Workplace Drug Abuse Prevention and Rehabilitation by IDDRP (A Joint Project of PNCB, UNIDCP & UNDP) & ILO. 13-15th Nov. 1994, Bhurban Pakistan.
18. 2nd National Workshop of Community, Intervention Teams by IDDRP: A Joint Project of NCD, UNIDCP & UNDP, 4-8th Sep. 1994, Islamabad Pakistan.
19. National Workshop of Community Intervention Teams by IDDRP: A Joint Project of PNCB, UNIDCP & UNDP. 8-12th Aug. 1993, Islamabad Pakistan.
20. First Regional Workshop of Community Intervention Teams by IDDRP: A Joint Project of PNCB, UNIDCP & UNDP, 19-22nd Oct. 1992, Quetta Pakistan.
21. National Anti-Narcotics Policy -2019, 27th Oct, 2020.
22. National Anti-Narcotics Policy -2019, 11th Nov, 2020.
23. Transformation of Clinical Practices towards Patient Care, 4th Sept 2021.
24. Training of Trainers (TOT), UNODC-WHO joint program on drug dependency treatment and care in Pakistan held at Rawalpindi, 23rd -29th June 2012.
25. WHO -Danesh, Gender based violence, held at Quetta, 11th June 2014.

Trainings

1. Introduction to Psychosocial Aspect of Terrorism, 16 Aug 2002 held at Police Training School, Quetta for Refresher course of investigating police officers in terrorism/sectarian cases.
2. Introduction to Job satisfaction, Stress and Burn out, 28 Jul. 2002 held at Police Training School, Quetta for Refresher course of investigating police officers in terrorism/sectarian cases.
3. Introduction to Psychosocial Aspect of Terrorism, 17 Jul. 2002 held at Police Training School, Quetta for Refresher course of investigating police officers in terrorism/sectarian cases.

4. Introduction to Psychosocial Aspect of Terrorism, 17-18 Jan. 2002 held at Police Training School, Quetta for police officer's Refresher course of investigating officers in terrorism/sectarian cases.

Speaker

1. Seminar on Depression for General Physicians/Practitioners held at Quetta Serena Hotel by Wyeth & Leaderle at March 2002. Seminar on Drug dependence, held at PAC language center Quetta at September 02.
2. One-day seminar on psychosocial factor of Mental illness, 17 July 1999 held at Department of social work, University of Balochistan, Quetta.
3. Psychosocial aspect of terrorism, held at British Counsel Karachi, during language course, 1998.
4. First meeting of the sub-committee for developing a code of practice for mental health professionals under Mental Health Act 2001, organized by Chairman Sub-committee Federal Mental Health Authority.
5. Member of the Sub-Committee for Developing a Code of Practice for Mental Health Professionals under the Mental Health Ordinance 2001 from March 20, 2002, Psychiatry, Rawalpindi General Hospital, Rawalpindi at Saturday 6, 2002.
6. 12 days capacity building training program for investigating Officers of anti-narcotic establishment, 2nd -14th march 2020.
7. First meeting of the National Coordinating Group for Mental Health held at 21-22 Nov. 2001 at the Institute of Psychiatry Rawalpindi Medical College Rawalpindi, Pakistan.
8. Yearly, Anti-narcotic day from 2010 – till date.
9. Yearly, World Mental Health Day 2010 – till date.

21. RESEARCH AND PUBLICATIONS (TOTAL 15 IN 21 YEARS):

A. Published Researches

1. Water Born Outbreak of Vibro Cholerae 01 Ogawa; In wadh Area of Balochistan. Professional Med J September;2005; 12(3):247-250. Dr Ghulam Sarwar Pirkani, Dr Amir Muhammad Babar, Dr Ghulam Rasool, Dr Muhammad Iqbal, Dr Essa khan Jigazai, Mr Nizam ud din. <http://theprofesional.com/index.php/tpmj/article/view/5114/3470>
2. Uptake of Tc-99m MIBI for Assessment of Cold Thyroid Nodule. Pakistan Journal of Medical Research, 2007: (April-June) Vol 46, No2, 2007 31-6. Hafiz Khush Naseeb, Muhammad Rahim khan, Ghulam Rasool, Khawaja Ajmal, Farah Khan, Hameeda Khushnaseeb, Ghulam Muhammad Burdy, Roohullah. <https://pesquisa.bvsalud.org/portal/resource/pt/emr-112319>
3. Incidence & Outcome of Severe Head Injury in Admitted Head injured Patients during one Year. Pakistan Journal of Neurological surgery. Vol. 10, No 1, Jan- Jun, 2006. Naqeebullah Achakzai, Ghulam Rasool, M Saleem Bareech, Bashir Ahmed, Amir Muhammad Panazai.
4. Prevalence of Anaemia in Town sheher Zarghoon, Balochistan, Medical forum Vol:19, No.4 April 2008, 9-13. Azim Asif Goraya, Ghulam Rasool, Jamil Ahmed, Shah Muhammad Marri. <https://pesquisa.bvsalud.org/portal/resource/pt/emr-88737>
5. Anxiety and depressive disorders as psychiatric comorbidity in a hepatic disease. APMC- Annuals of Punjab Medical College. Vol:3, NO.2, July-December 2009. Imtiaz Ahmed Dogar, Ghulam Rasool, Maqsood Ahmed, Nighat Haider, Shazia Naseem, Ayesha Bhati, Shaheena Hashmi. <https://doi.org/10.29054/apmc/2009.563>
6. Prevalence of cancer in CENAR Quetta. APMC- Annuals of Punjab Medical College. Vol:6, No.1, January-June 2012. Roohullah, Hafiz Khush Naseeb Ahmed, Ifthihar Ahmed, Khwaja Ajmal, Jamila Shuja, Ghulam Rasool, Hina Manzoor. <https://doi.org/10.29054/apmc/2012.481>

7. Internally Displaced Persons (IDPS); Anxiety and Depression. The professional Medical Journal 2015; 22(3): 337-342. Dr Wajid Ali Akhunzada, Dr Altaf Qadir, Dr Niaz Maqsood, Dr Ghulam Rasool, Dr Raza ur Rehman. <https://api.semanticscholar.org/CorpusID:74736180>
8. Does Treatment Adherence Effect HRQOPL in Patients with Severe Mental Illness in Quetta, Pakistan; International Journal of Biology, Pharmacy and Allied Sciences; IJBPAS, April 2017, 6(4):X-X. Nisar Ahmed Panazai, Noman ul Haq, Aqeel Nasim, ^hGhulam Rasool, Muhammad Ilyas. <https://www.researchgate.net/publication/315729305>
9. Frequency of Subtypes of Irritable Bowel Syndrome in Subtypes of Schizophrenia: Journal of Psychology and Clinical Psychiatry: Volume 7 Issue 6-2017; Shoaib Ahmed Kashani, Muhammad Umer Mari, Muhammad Ilyas, Ghulam Rasool, Jalaluddin Rumi, Hazrat Ali, Ramesh Chand, Zainullah Kakar and Abdul Nasir. <https://doi.org/10.15406/jpcpy.2017.07.00458>
10. Prevalence of Irritable Bowel Syndrome in patients with Major Depressive Disorder in Quetta, Pakistan: Medical Review, March 2022, 33(3): 6-7. Gul B, Rasool G, G Pirani, S Kashani, S A Nasir, M N Suleman.
11. TULIP study: Trail of Lurasidonein bipolar disorder in Pakistan: Saudi Journal of Biological Sciences. Journal homepage: www.sciencedirect.com Nasar Khan^a, Amina Nasar^b, Saqib Bajwa^c, Aisha Jawad Butt^c, Afia Azher^e, Tehmina Mushtaq^f, Alina Rashid^g, Mian Mukhtar Ul Haq^h, Ghulam Rasoolⁱ, Firasat Ali Dogar^j. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7783817/>
12. Perceived Cognitive Dysfunction in Patients with major Depressive Disorder in Pakistan: A Cross-Sectional Study; JPPS April-June 2019 Volume 16 Number 2. Page 22-27. Fareed Aslam Minhas¹, Rusham Rana², Mowadat Hussain Rana³, Syed Usman Hamdani⁴, Imtiaz Ahmad Dogar⁵, Muhammad Iqbal Afridi⁶, NaeemUllah Leghari⁷, Asad Tamizuddin Nizami⁸, Ghulam Rasool⁹, Khalid A. Mufti¹⁰. <http://www.jpps.com.pk/article/15638611333790>
13. The hidden crisis: COVID-19 and impact on mental of medical students in Pakistan. Middle East Current Psychiatry, 2021; Nazish Imran¹, Imran Ijaz Haider², Ali Burhan Mustafa³, Irum Aamer⁴, Zahid Kamal⁵, Ghulam Rasool^{6,7,8}, Muhammad Waqar Azeem⁹ and Afzal Javed^{10,11,12}. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8339385/>
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- 31.

B. Contributions - researches

1. Researches, trainings and mental health promotion with Pakistan Institute of Living and Learning (ILLS) and Research and Innovation and Global Centre for Research on Mental Health

- Inequalities Mersey Care NHS Foundation Trust University of Manchester from 2015-21 (7 years).
2. Reviewer of research article – Journal of Liaquat University of Medical and Health Sciences 2019- till date).
 3. Member, Editorial Board Journal of Pakistan Psychiatric Society JPPS from 2018- till date.
 4. Site Investigator, Lahore Institute of Research & Development (Trust) from April 2019 till date (2 years).
 5. Activities and researches with Pakistan Medical Research Council
 6. Dissertation – Mental health problems of prisoners in the district jail Rawalpindi, Pakistan, 1997.

22. AWARDS AND HONORS

- a. Gold Medal (First FCPS in Psychiatry, in Balochistan). presented by President Islamic Republic of Pakistan at the. Occasion of XII International Psychiatric Conference, 27 29th Nov. 1998, Quetta.
- b. Merit Certificate: Best in Proficiency Tests: NCC & WC University of Balochistan, Pakistan, 1982.
- c. Chaghi Award.
- d. Life Legend achievement Award by PPS

23. CO-OPT MEMBER BALOCHISTAN STANDING MEDICAL BOARD (22 Years)

24. ACHIEVEMENTS:

25. Founder and pioneer of Infrastructure – Established and functionalized all aspects of 130 beds institute of excellence, Balochistan Institute of Psychiatry and Behavioral Sciences (BIPBS) at Quetta, Balochistan.
26. Human Recourse:
 - a. Under Graduate Doctors – BMC sessions 2001 to 2022 – approximately 2600 students
 - b. Postgraduate Qualified Specialist Doctors – FCPS Psychiatry 24 (34), MCPS 15 (82)
 - c. Postgraduate Rotation Doctors 76
 - d. Psychiatric Nursing Diploma specialist Nurses – 16
 - e. FCPS Trainee 14, MCPS Trainee 10
 - f. MD Trainee – 2
 - g. DPM Trainee - 10
 - h. Nursing trainee students - 20
27. Training and Teaching
 - a. Undergraduate – Medical students
 - b. Postgraduate – Psychiatry and allied specialties
 - c. Other – Teachers and students of colleges and schools
28. Legislations
 - a. Bolan University of Medical and Health Sciences Act 2017.
 - b. Balochistan Healthcare Commission Act 2019.
 - c. Balochistan Mental Health Act 2019.
 - d. Balochistan Tertiary Care Teaching Hospital Bill 2020.
 - e. Pakistan Psychiatric Society constitution, 2016, 2018, 2022.

- f. Bolan Medical Teachers Association Constitution 2022
29. Rule and Regulations:
- a. Draft and suggested to Pakistan Medical Commission
 - b. Service rules for BIPBS
 - c. Service rules for Balochistan Medical Institution
 - d. Academics for IPH, UoB, CPSP
30. Curriculums, table of specifications, MCQs, examinations:
- a. Undergraduate and postgraduate in subjects of Behavioural Sciences and Psychiatry for PMC, BMC, CPSP, IPH, UoB and other Universities.
31. Services and skills to psychiatric patients: Consultations
32. liaison and legal opinions to thousands of patients – Co-opt Member Balochistan Standing Medical Board 1999-2021 (22 years)
33. National and international conferences, seminars and meetings:
- a. Attended many international and international conferences in the field of mental health as participant.
 - b. Chairman, secretary and facilitator of different workshops, seminars, symposiums and conferences from 2001 to date.
 - c. Awareness and Trainings – Public, officials, teachers, students -
 - d. Tv, radio programs, social media –
 - e. Medical officers, consultants –
34. Special guest speakers:
- a. National Institute of Management (NIM) - 40
 - b. Balochistan Academy of College Teachers (BACT) – 50
 - c. Balochistan Judicial Academy – 35
 - d. Balochistan Police Training Center – 10
 - e. Balochistan Bank Academy – 10
 - f. Universities
35. Management: Head of Psychiatry BMC, Executive Director BIPBS, Director CPSP, Members committees for drafting and approval process of Acts.
36. Committees: Bio-ethic, HEC, Federal mental health Task force
37. Worked with International NGOs as WHO, UNICEF, UNODCP, UNHCR, and National NGOs in the field of mental health, child rights and substance Misuse.